

Life Group questions

For the week of 17th May 2026



“Let’s Pray”

- Ask one person to open in prayer and ask God to meet with you today.
- Prayer can sometimes feel powerful and life giving – and at other times routine or even difficult. Share with the group (if comfortable), what has your experience of prayer been like recently? When have you felt most connected to God most?

READ EPHESIANS 3:14-21

DIGGING DEEPER:

1. In verses 14-15, Paul begins with a posture of humility, bowing before the Father. What does this posture reveal about his attitude towards God? How might our posture (physical or heart attitude) shape the way we pray?

LET’S PRAY TO BE STRENGTHENED (vv. 16-17)

2. Paul prays that believers would be strengthened with power through the Spirit in their inner being. What do you think it means to be strengthened “in your inner being”? Where do people often look for strength instead?
3. Verse 17 speaks about Christ dwelling in our hearts through faith. What does it look like for Jesus to truly “dwell” in your life – not just visit? How does this connect to being spiritually strong?

LET’S PRAY TO BE LOVED (vv. 17-19)

4. Paul describes being “rooted and established in love.” What images or ideas come to mind when you hear this?
5. Verses 18-19 talk about the vastness of Christ’s love – it’s width, length, height and depth. Why do you think Paul uses such expansive language? How have you personally experienced God’s love in a way that impacted you deeply?

LET’S PRAY TO BE FILLED (v. 19)

6. Paul prays that believers would be “filled to the measure of all the fulness of God.” What do you think this means? What might a life look that is truly filled with God?

LET’S GIVE GOD THE GLORY (vv. 20-21)

7. Paul finishes with a declaration that God can do immeasurably more than all we ask or imagine. How does that shape the way we pray?

MAKE IT HAPPEN

8. Write down one specific prayer you will commit to this week. Is there someone you can pray for or support this week.

Close the meeting by giving glory to God and thanking Him for that He is able to do immeasurably more than we can ask or imagine. Pray for one another to be strengthened, rooted in love, and filled with His presence this week.